

Philosophy of Nursing Paper

Beatrice Wachira

University of Saint Mary

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Philosophy is a narrative statement of values and beliefs that reflect broad principles that guide actions and decision-making (Billings & Halstead, 2020). The philosophy that will guide my practice is Watson's Theory of Human Caring; this theory fosters caring that promotes client, caregivers, and environmental health. In my mission of disseminating knowledge to nursing students effectively, this philosophy will guide me in planning a learner-teacher environment that is *healthy*, meaningful, respectful, reassuring, enthusiastic, and approachable. In a caring learning environment, learners will be provided with an open, nonjudgmental setting to question, explore, and imagine. This philosophy will foster practicing with compassion and respect for every student's inherent dignity, worth, and unique attributes (Billings & Halstead, 2020).

Nursing metaparadigm

The nursing metaparadigm is a framework that demonstrates the interconnected nature of the person, the environment, health, and nursing (Billings & Halstead, 2020). The metaparadigm of person, nursing, health, and environment places nurse educators at the intersection of nursing and health as perceived by the student, the learning environment, and the student learner as an empowered participant (Francis,2017).

Person

My goal for my patients and the students will be to promote, advocate, and protect the rights, health, and safety of the individuals by provision number 3(ANA, 2015). Provision 1 and 4 addresses the fundamental value of loyalty and commitment of the nurse to the person (Wilson Steck & Rice, 2018). The nurse practices with compassion and respect for every person's inherent dignity, worth, and unique attributes (Billings & Halstead,2020). In Provision 4, the nurse has authority, accountability, and responsibility for

nursing practice; makes decisions; and acts consistent with the obligation to provide nursing care and education to a diverse population (American Nurses Association [ANA], 2015).

Environment

I will establish, maintain, and improve the ethical environment of the work setting and conditions of employment that are conducive to safe, quality health care by provision 6 of the nurse's code of ethics (ANA, 2015). The diverse learning environment is an interactive network of forces within the clinical setting that influence students' clinical learning by integrating theory into practice and developing clinical reasoning and judgment skills (Billings & Halstead, 2020). Provision 9 states that the nursing profession, collectively through its professional organizations, must articulate and foster environments that promote academic and professional integrity, enhancing patient care and positive learning outcomes (Wilson Steck & Rice, 2018).

Health

Health does not mean merely the absence of disease; it involves the ability to function independently and have physical, psychological, social, and spiritual well-being. Provision 9 addresses nurses' duties beyond individual patient encounters. These include continuing education, nursing research, and activities to address social justice, health disparities, and health policy advocacy to promote health (Wilson Steck & Rice, 2018).

Nursing

The rapidly changing diverse demographics in the United States require nurses to be culturally aware, sensitive, knowledgeable, and self-confident in providing culturally competent nursing care (Bednarz et al., 2010). Provision 9 states, that the profession of nursing, collectively through its professional organizations, must articulate nursing values, maintain the integrity of

the profession, and integrate principles of social justice into nursing and health policy (ANA, 2015).

Values and Beliefs

My values and beliefs as an individual motivate and drive my passion. These values are respect, honesty, kindness, persistence, lifelong learning, faith, and family relations. I use these values and beliefs to make personal decisions that help me achieve my goals and live my everyday life. The core of nursing is caring, knowledge, and integrity. Caring is broad, and what I believe to be true is to respect the person for who they are, their rights, goals of life, and privacy. After learning about nursing theories, especially the Complex Adaptive Systems (CAS) theory, I understood that values and beliefs guide healthcare institutions and professionals' behavior. Our values and beliefs drive our decisions and actions. In caring for our customers in the healthcare industry, discussing and identifying their goals is vital to ensure our care is patient-centered and goal-directed. As a patient, I appreciate it when my provider identifies my goal for a visit and stays on my path to educate and guide me as the expert. I will commit to the patient to advocate, promote optimal health, respect their rights, protect their privacy, and ensure no harm. As a member of the interdisciplinary team, I will share my values, beliefs, and knowledge to achieve competence in the shared goals of care.

References

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